

## VENERABLE THEODORE TRICHINAS "THE HAIR-SHIRT WEARER"

HERMIT, NEAR CONTANTINOPLE (LATE 4TH / EARLY 5TH C.)

## Troparion - Tone 3

Abbreviated Greek Chant  
arr. from Yaichkov

Soprano  
Alto

Ho - ly Fa - ther The - o - dore, you were a temple

Tenor  
Bass

of abstinence and a vessel of dis - pas - sion;

you served God by your works, and were found wor - thy

of His gifts. Now pray to Christ our God to

grant us His great mer - cy.

# “Glory...” & “Now and ever...”

as sung before Troparia and Kontakia

## Tone 3

Greek Chant  
arr. from Yaichkov

### 1. “Glory...” alone.

Glo - ry to the Fa - ther, and to the Son, and to the

Ho - ly Spir - it.

### 2. “Now and ever...” alone.

Now\_ and ev - er and unto ages of a - ges. A - men.

### 3. “Glory...” & “Now...” together.

Glo-ry to the Father, and to the Son, and to the Ho-ly Spir - it,

now and ever and unto ages of a - ges. A - men.

Note: “Glory...” and/or “Now and ever...” is sung in the Tone and melody that follows.