

# Stichera at the Aposticha

*Elevation of the Precious and Life-Giving Cross - September 14*

Sticheron 1  
Tone 5

Common Chant  
arr. from L'vov/Bakhmetev

Soprano  
Alto

Re - joice, O Life - bear - ing Cross, the invincible trophy

Tenor  
Bass

Detailed description: This system shows the first line of the chant. It features four staves: Soprano and Alto (top two), and Tenor and Bass (bottom two). The music is in a minor key (one flat) and 4/4 time. The lyrics are: "Re - joice, O Life - bear - ing Cross, the invincible trophy". The Soprano and Alto parts are written in treble clef, while the Tenor and Bass parts are in bass clef. The lyrics are placed between the Soprano/Alto and Tenor/Bass staves.

of god - li - ness, door to Paradise, firm support of the faith - ful,

Detailed description: This system shows the second line of the chant. It features four staves: Soprano and Alto (top two), and Tenor and Bass (bottom two). The lyrics are: "of god - li - ness, door to Paradise, firm support of the faith - ful,". The Soprano and Alto parts are in treble clef, and the Tenor and Bass parts are in bass clef. The lyrics are placed between the Soprano/Alto and Tenor/Bass staves.

a wall that en - com - pass - es the Church. Through you corruption has

Detailed description: This system shows the third line of the chant. It features four staves: Soprano and Alto (top two), and Tenor and Bass (bottom two). The lyrics are: "a wall that en - com - pass - es the Church. Through you corruption has". The Soprano and Alto parts are in treble clef, and the Tenor and Bass parts are in bass clef. The lyrics are placed between the Soprano/Alto and Tenor/Bass staves.

been destroyed and a - bol - ished. The pow - er of death has been swallowed

Detailed description: This system shows the fourth line of the chant. It features four staves: Soprano and Alto (top two), and Tenor and Bass (bottom two). The lyrics are: "been destroyed and a - bol - ished. The pow - er of death has been swallowed". The Soprano and Alto parts are in treble clef, and the Tenor and Bass parts are in bass clef. The lyrics are placed between the Soprano/Alto and Tenor/Bass staves.

up, and we are raised from earth to Heav - en. You are a

weapon that cannot be van-quished, the adversary of de - mons, the

glo - ry of the martyrs, the true a - dorn - ment of saints, and the

ha - ven of sal - va - tion, // which grant the world great mer - cy.

v. Extol the Lord our God: worship at His footstool for He is holy! (Ps 98/99:5)

Sticheron 2

Soprano  
Alto  
Tenor  
Bass

Re-joyce, O Cross of the Lord, through which mankind has

been de - liv - ered from the curse, you are a sign of true joy,

you that shatter our enemies by your Ele - va - tion. O Cross, worthy

of all hon - or, you are our help, you are the strength of kings.

You are the power of the righ - teous. You are the maj - es - ty of

priests. All who sign themselves with you are freed from dan - ger.

O rod of strength, under which we like sheep are tend - ed, you are a

weapon of peace around which the Angels stand in fear. You are the

di-vine— glo - ry of Christ, // Who grants the world great mer - cy.

v. God is our King before the ages; He has worked salvation in the midst of the earth! (Ps 73/74:12)

Sticheron 3

Soprano  
Alto

Tenor  
Bass

Re-joice, O guide of the blind, physician of the sick and

res - ur - rec - tion of all the dead; you have raised us up when we were

fallen into mortality, O pre - cious Cross. Through you cor - rup - tion has

been de - stroyed, and incorruption has blos - somed forth. We mor - tals

have been deified, and the Devil is com - plete - ly o - ver - thrown.

To - day, as we see you exalted by the hands of bish - ops, we

exalt Him Who was lifted up up - on you, and we fall down in

wor-ship be-fore— you, // draw-ing rich streams of great mer - cy.

The image shows a musical score for a chant. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature has one flat (B-flat). The treble staff contains a series of chords and single notes, with some notes beamed together. The bass staff contains a series of notes, some beamed together, and some chords. The lyrics are written below the treble staff, with a double bar line and repeat sign after 'you, //'. The music ends with a double bar line.