

# Stichera at "Lord, I call"

Hieromartyr Theopemptus and Martyr Theonas - January 5

Tone 4  
Sticheron 1

Model melody: "As one valiant among martyrs"  
Optina Monastery Melody

The musical score is written for Soprano, Alto, Tenor, and Bass voices. It consists of four systems of music. Each system has a vocal line and a piano accompaniment line. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are: "Let us praise the wise Theonas and Theopemptus; for, obedient to the precepts of Christ, they utterly demolished all lawless worship, and piously offered the worship that is august and holy, courageously [con-fess-ing one Lord and God ...]"

Soprano  
Alto

Let us praise the wise Theonas and Theopemptus;

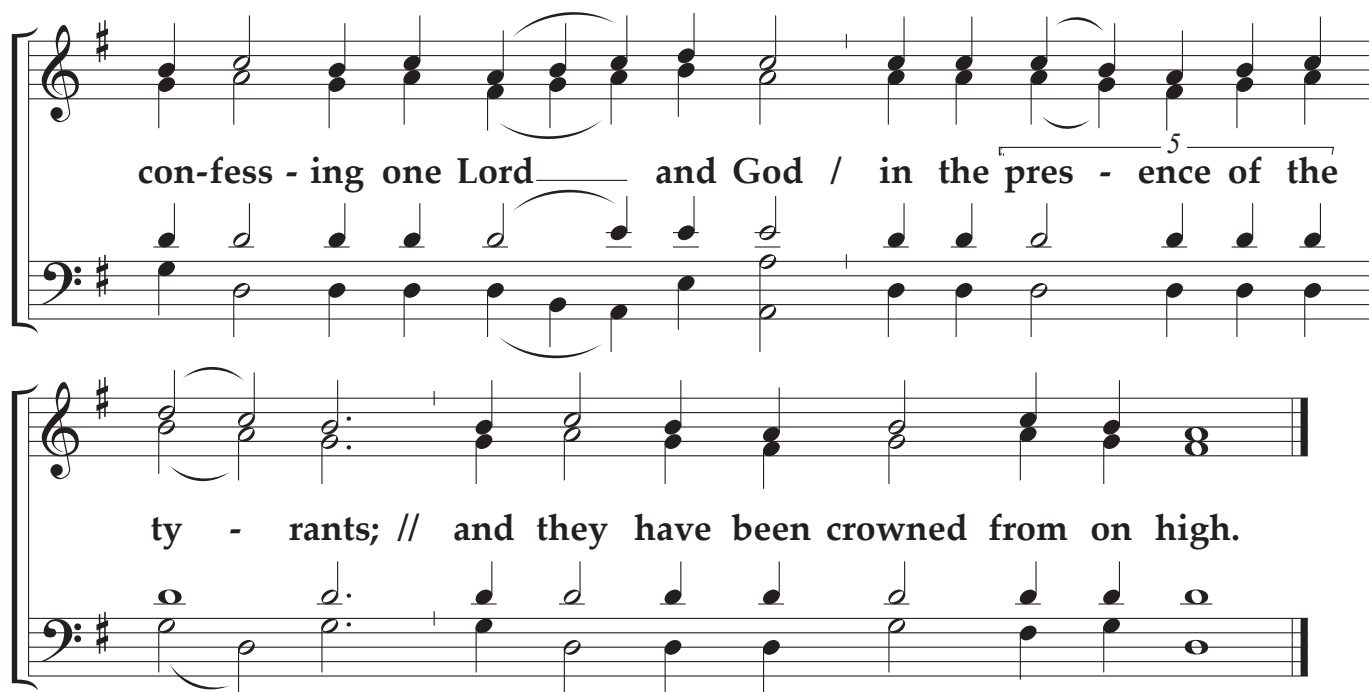
Tenor  
Bass

for, obedient to the precepts of Christ, they utterly de-

mol-ished all lawless wor-ship, and piously offered

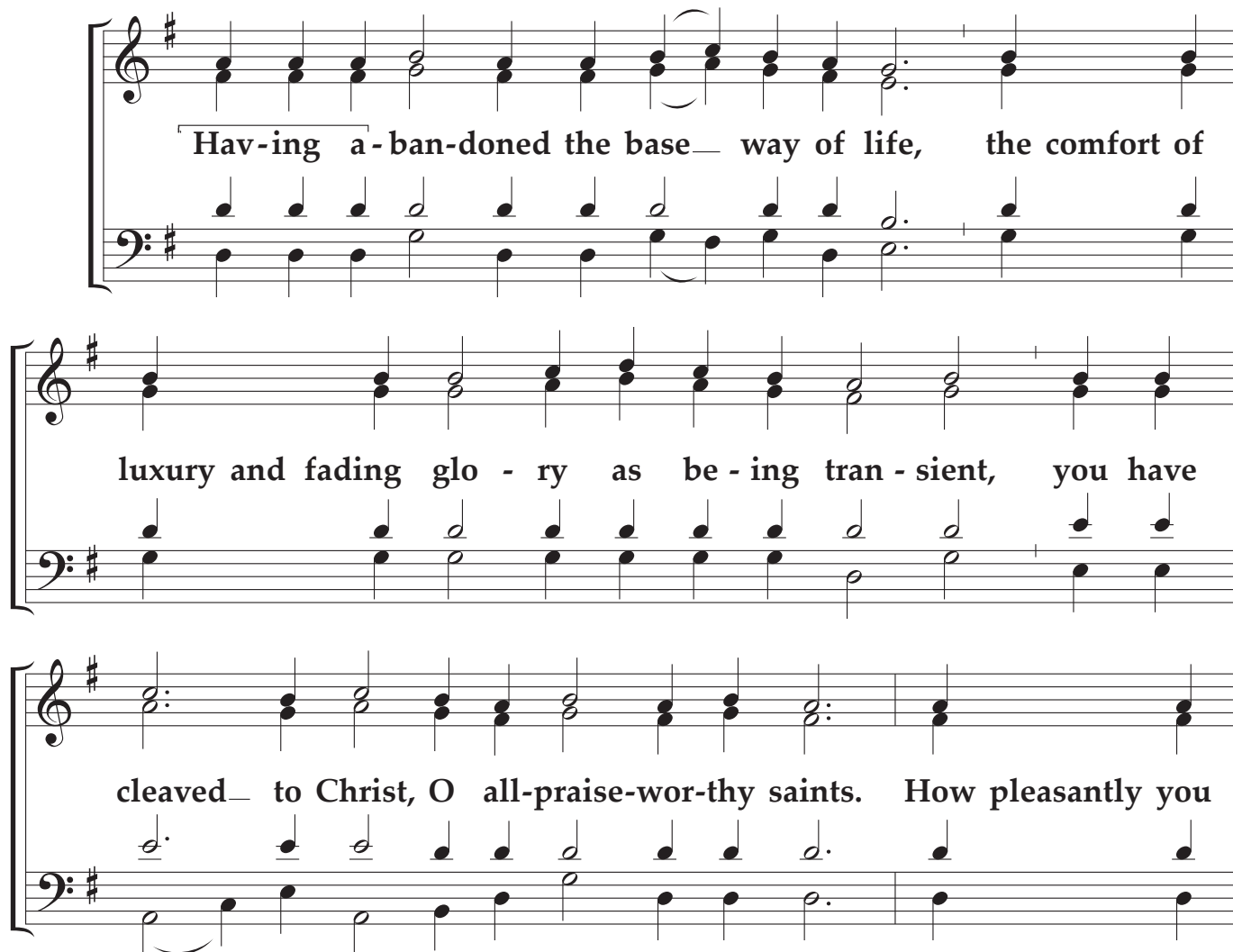
the worship that is au-gust and ho-ly, courageously

[con-fess-ing one Lord and God ...]



con-fess - ing one Lord and God / in the pres - ence of the  
ty - rants; // and they have been crowned from on high.

Sticheron 2



Hav-ing a-ban-doned the base - way of life, the comfort of  
luxury and fading glo - ry as be - ing tran - sient, you have  
cleaved - to Christ, O all-praise-wor-thy saints. How pleasantly you

[shone with His fair beau-ty!]

shone with His fair beau - ty! And you were of - fered as

fra-grant ros - es. / Di - vine - ly strength-ened, you — were

crowned with the crown // of the in-cor-rupt - i - ble King - dom.

## Sticheron 3

Hav-ing hat - ed the world, you appeared as a - bove — the

world, and were joined to the Church — of the First - born.

With the An - gels you sing the un-fad - ing song, as you stand

face to face with God; / and having destroyed the

law-less de - ceit of i - dols, // as martyrs, you

overthrew the mad - ness of the ty - rants.