

Sunday of the Cross - Matins Canon

Ode 1

After the canon of the resurrection and the canon to the Theotokos in the tone of the week,
the canon of the cross is sung. (Only three troparia have been provided here.)

Model melody:
Paschal Canon (Drobac, 2025)

Refrain

Glo - ry to Thy pre - cious Cross, O Lord.

1. This is a day of fes - ti - val: at the a - ris - ing
of Christ, death has fled a - way and the
light of life has dawned; Ad - am has a - ris - en and danc -
es for joy, And we sing a song of vic - to - ry.

Glo - ry to Thy pre - cious Cross, O Lord.

2. This is the day of ven - er - a - tion of the pre -
cious Cross, Now, it is placed be - fore us and
shines with the bright - ness of Christ's res - ur - rec - tion. Let us
all draw near and kiss it with great re - joic - ing in our souls.

Glo - ry to Thy pre - cious Cross, O Lord.

O might - y Cross of the Lord, man - i - fest thy - self:

show me the di - vine vi - sion of thy beau - ty,

and grant me wor - thi - ly to ven - er - ate thee. For I speak to thee and em - brace thee as though thou wast a - live.

Glory to the Father, and to the Son, and to the Holy Spirit.

O Trinity of Persons, O Unity of Essence, Father, Son and Spirit, equal in power, one in purpose and will, one in dominion and rule, watch over Thy world and grant it peace.

Now, and ever, and unto the ages of ages. Amen.

Theotokion:

O Virgin who hast not known a man, without seed thou hast conceived: pure and sinless is the birth, and the Child thou bearest is the Maker of all, Christ our God. Entreat Him to grant the whole world peace.

Katavasia - Tone 1: Moses the servant of God prefigured Thy cross in the days of old, when he divided the Red Sea with his rod and led Israel across on dry land; and he sang a song of deliverance unto Thee, O Christ our God.

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Ode 3

Model melody:
Paschal Canon (Drobac, 2025)

Refrain

Glo - ry to Thy pre - cious Cross, O Lord.

1.

Come, let us sing a new song, cel - e -

brat - ing the o - ver - throw of Ha - des, for Christ -

has ris - en from the tomb; Death has he tak - en cap -

tive and saved all the world.

Glo - ry to Thy pre - cious Cross, O Lord.

2.

Come, O you faith - ful and let us drink, not from a

well of earth - ly wa - ter that per - ish - es, but from the foun -

tain of light, as we ven - er - ate the Cross of Christ: for His

Cross is our glo - ry.

Glo - ry to Thy pre - cious Cross, O Lord.

O you faith - ful, with pure

eyes and lips let us ven - er - ate the Cross of the Lord,

Sing - ing a song of ex - al - ta - tion.

Glory to the Father, and to the Son, and to the Holy Spirit.

I honour one God without beginning, three in Persons but undivided in Essence, the Father, the Son and the Spirit of life, in whose Name we are baptized.

Now, and ever, and unto the ages of ages. Amen.

Theotokion:

In days of old Moses saw thy mystery prefigured in the bush, O hallowed Virgin: just as the flames did not consume it, so the fire of the Godhead has not consumed thy womb.

Katavasia - Tone 1: Through Thy cross, O Christ my Master, set me firmly on the rock of the faith: let not my mind be shaken by the assaults of the malicious enemy; for Thou alone art holy.

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Ode 4

Model melody:

Paschal Canon (Drobac, 2025)

Refrain

Glo - ry to Thy pre - cious Cross, O Lord.

1.

"Be hold, Christ is ris - en," the an - gel said to the myrrh - bear - ing wom - en. "La - ment not but go and say"

B_b

to the a - pos - tles: Re - joice, to - day is the sal - va - tion of the world, for through Christ's death

F

the tyr - an - ny of the en - e - my has been de - stroyed."

Glo - ry to Thy pre - cious Cross, O Lord.

2.

As we cel - e - brate to - day the joy - ful ven - er - a - tion of Thy life - giv - ing Cross, O Christ our - Sav - iour, we pre - pare our - selves for Thy most ho - ly Pas - sion,

B_b

for Thou in Thine al-might - y pow - er hast brought to -
pass the sal - va - tion of the world.

Glo - ry to Thy pre - cious Cross, O Lord.

3. There is joy to - day in heav - en and on earth,
for the Cross is made man - i - fest to the world.

The thrice - bless - éd Cross is set be - fore us, and to
all who show it ven - er - a - tion is a fount of ev - er -
flow - ing grace.

Glory to the Father, and to the Son, and to the Holy Spirit.

I sing the praises of the three Persons in one Godhead; I proclaim one simple Nature undivided: Father eternal, Son and Holy Spirit, one in throne and lordship, one single Kingdom, one everlasting Power.

Now, and ever, and unto the ages of ages. Amen.

Theotokion:

In thee alone among women, O pure Lady, there was revealed a marvellous and fearful thing: thou hast made nature new, conceiving without seed and still remaining as at first a virgin; for the Child that thou hast borne is the true God.

Katavasia - Tone 1: Seeing Thee, O mighty Lord, upon the cross, the sun was seized with fear and hid its rays, with dread the whole creation glorified Thy longsuffering, and the earth was filled with Thy praise.

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Ode 5

Model melody:
Paschal Canon (Drobac, 2025)

Refrain

Glo - ry to Thy pre - cious Cross, O Lord.

1.

From the tomb hast Thou a - ris - en, O Light that

ne - ver sets, and shone up - on the world with the bright

dawn of in - cor - rup - tion. In Thy com - pas - sion

Thou hast driv - en a - way the dark sor - row of death

from the far -thest ends of the earth.

Glo - ry to Thy pre - cious Cross, O Lord.

2.

To - day the ranks of an - gels dance

with joy, at the ven - er - a - tion of Thy

Cross. For through the Cross, O Christ,

Thou hast shat - tered the hosts of de - mons and saved man - kind.
 Glo - ry to Thy pre - cious Cross, O Lord.
 3. The Church has been re - vealed as a sec - ond Par - a - dise,
 hav - ing with - in it like the first Par - a - dise of old,
 a tree of Life, Thy Cross, O Lord. by
 touch - ing it we share in im - mor - tal - i - ty.

Glory to the Father, and to the Son, and to the Holy Spirit.

I glorify three coeternal Persons in one Essence, Father, Son and Spirit, a single Light, in threefold brightness, one Power and Kingdom in unconfused identity.

Now, and ever, and unto the ages of ages. Amen.

Theotokion:

Thou hast conceived by the law of nature, but above that law; for thou alone hast borne child without seed. We are afraid to think or speak of the manner of thy giving birth, O all-blameless Virgin.

Katavasia - Tone 1: Rising early in the morning we sing Thy praises, O Saviour of the world, for we have found peace through Thy cross. By it Thou hast renewed mankind, and led us to the light that knows no evening.

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Ode 6

Model melody:
Paschal Canon (Drobac, 2025)

Refrain

Glo - ry to Thy pre - cious Cross, O Lord.

1.

Thou hast crushed death, O Christ, and ris - en

as a might - y King; Thou hast re - called us from the depths of

hell and brought us to the land of im - mor - tal - i - ty, grant -

ing - us the - joy - of Thy King - - dom.

Glo - ry to Thy pre - cious Cross, O Lord.

2.

O you faith - ful let us cry a - loud with joy - and

sing - tri - um - phant - ly to God, as we greet - the

Cross - of the Lord for it is a foun - tain of ho - li -

ness to all those in - the world.

Glo - ry to Thy pre - cious Cross, O Lord.

3. The words of the Psalm - ist are ful - filled,

for see, we wor - ship at the foot - stool of Thy most pure

feet, O all - pow - er - ful Lord, at Thy pre - cious

Cross, the thrice - bless - éd Wood.

Glory to the Father, and to the Son, and to the Holy Spirit.

I praise the Unity in three Persons and the Trinity worshipped in one Nature, the Triune God, threefold Light: Father, Son and Holy Spirit.

Now, and ever, and unto the ages of ages. Amen.

Theotokion:

O Ewe free from blemish, the greatest wonder of all wonders was revealed in thee: for thou hast borne the Lamb that takes away the sin of the world. Entreat Him fervently for those who sing thy praises.

Katavasia - Tone 1: Jonah in the belly of the whale foreshadowed with his outstretched hands the figure of the cross; and he leapt out from the monster, saved by Thy power, O Word.

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Ode 7

Model melody:

Paschal Canon (Drobac, 2025)

Refrain

Glo - ry to Thy pre - cious Cross, O Lord.

1.

Thou hast ris - en on the third day from the tomb as
one a - wak - en - ing from sleep, O Lord,

and by Thy di - vine pow - er Thou hast struck down the
gate - keep - ers of hell; Thou hast raised up all of our an - ces -

tors from the be - gin - ning, Thou a - lone art bless - éd and most
glo - ri - ous, the God of our Fa - thers.

Glo - ry to Thy pre - cious Cross, O Lord.

2.

Thy Cross, O all - mer - ci - ful Lord, is hon -
oured by the whole world, for Thou hast made the
in - stru - ment of death in - to a source of life. Sanc - ti -

fy — those who ven - er - ate — it, Thou who a - lone art
 bless - éd and most glo - ri - ous, the God of — our Fa - - thers.
 Glo - ry to Thy pre - cious — Cross, O Lord.
 3. Thou a - lone, — O Je - sus, art mer - ci - ful and ten - der -
 heart - ed: il - lum - ine and sanc - ti - fy those who
 ,
 ven - er - ate with faith Thy Cross — and — Thy di - vine —
 Pas - sion, Thou a - lone art bless - éd and most glo - ri - ous, the
 God of — our Fa - - thers.

Glory to the Father, and to the Son, and to the Holy Spirit.

I praise the Godhead, Unity in three Persons: for the Father is Light, the Son is Light, and the Spirit is Light, but the Light remains undivided, shining forth in oneness of Nature, yet in the three rays of the Persons.

Now, and ever, and unto the ages of ages. Amen.

Theotokion:

Under many different names thou wast proclaimed by all the prophets: for thou hast been revealed as the gateway of God, the golden vessel of manna, the holy land, O Virgin Bride of God who hast conceived in the flesh Jesus Christ, the God of our Fathers who is greatly glorified.

Katavasia - Tone 1: The Lord who delivered the children from the flames took flesh and came upon the earth: nailed to the cross, He has granted us salvation, the God of our Fathers, who alone is blessed and greatly glorified.

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Ode 8

Model melody:

Paschal Canon (Drobac, 2025)

Refrain

Glo - ry to Thy pre - cious Cross, O Lord.

1.

“Why do you hold sweet - smell - ing spic - es in your hands?

Whom are you seek - ing?” cries the young man at the tomb.

“Christ our God is ris - - - en, rais - ing up the na - ture of mor - tal man, from the hid - den depths of hell.”

Glo - ry to Thy pre - cious Cross, O Lord.

2.

Re - joice, O Cross, - thrice - bless - ed and di - vine Wood,

a light to those in dark - - - ness. Shin - ing on the four cor - ners of the earth, thou dost pre - pare for us the

dawn _____ of Christ's res - ur - rec - - - tion. O

grant to all the faith - ful that they may come - to the feast _____ of

Pas - - - cha.

Glo - ry to Thy pre - cious Cross, O Lord.

3. On this day the Wood a - noint - ed with life, the Cross

of Christ, fills all things with the per - fume of di -

vine grace. Let us smell its God - giv - en fra -

C grance ven - er - at - ing it with faith for - ev - - - er.

Let us bless the Lord, Father, Son, and Holy Spirit.

I glorify one Substance in three beings: Father, Son and Spirit, neither confused in Persons nor divided in Essence; for there is one God in Trinity, ruling over all for ever.

Now, and ever, and unto the ages of ages. Amen.

Theotokion:

Alone among mothers, Mary Bride of God, thou hast remained a virgin. Without knowing man thou hast given birth to the Saviour Christ, yet kept the seal of thy purity unbroken; and with all the faithful we shall call thee blessed for ever.

We praise, bless and worship the Lord, singing and exalting Him unto the ages.

Katavasia - Tone 1: Daniel, great among the prophets, was cast into the lions' den; but, stretching out his hands in the form of the cross, he was delivered from their mouths and kept unharmed, blessing Christ our God for ever.

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Ode 9

Model melody:
Paschal Canon (Drobac, 2025)

Refrain

Glo - ry to Thy pre - cious Cross, O Lord.

1.

Thou hast gone down in - to the tomb -

O God the Giv - er of Life, and Thou hast

bro - ken all the bolts - and bars, rais - ing all the dead who -

cry a - loud: "Glo - ry to Thy res - ur - rec - tion, - O Christ,

the Sav - iour all - pow - er ful."

Glo - ry to Thy pre - cious Cross, O Lord.

2.

Thy tomb, - O Christ, has - brought - me - life: - for

Thou, the Lord - of - life, hast come and cried to those who were

dwell - ing in the grave: - O all who are in bonds, be - loosed,

for I am— come, the Ran - som of the world."

Glo - ry to Thy pre - cious Cross, O Lord.

3. Let all the trees— of the for - est dance— and sing

as they be - hold their fel - low tree,— the Cross to -

day re - ceive— ven - er - a - tion: for Christ,— as ho - ly

Da - vid proph - e - sied, has ex - alt - ed it to - day.

Glory to the Father, and to the Son, and to the Holy Spirit.

I worship Thee, O holy God, as Trinity of Persons in Unity of Essence, Father, Son and Holy Spirit, one Power and Kingdom, sovereign over all.

Now, and ever, and unto the ages of ages. Amen.

Theotokion:

Thou art the great mountain, O Virgin, wherein Christ dwelt, as holy David says. By thee we are raised up to heaven, all-blessed Lady, regaining through the Spirit the adoption of sons.

Katavasia - Tone 1: O Virgin Mother and true Theotokos, without seed thou hast borne Christ our God, who was lifted in the flesh upon the cross. We and all the faithful, as is right, magnify thee with thy Son.