

# Sunday of the Cross - Matins Canon

## Ode 1

After the canon of the resurrection and the canon to the Theotokos in the tone of the week, the canon of the cross is sung. (Only three troparia have been provided here.)

Model melody:  
Paschal Canon (Drobac, 2025)

**Refrain**

Glo - ry to Your pre - cious Cross, O Lord.

1.

This is a day of fes - ti - val: at the a - ris - ing of Christ, death has fled a - way and the light of life has dawned; Ad - am has a - ris - en and dances for joy, And we sing a song of vic - to - ry.

Glo - ry to Your pre - cious Cross, O Lord.

2.

This is the day of ven - er - a - tion of the pre - cious Cross, Now, it is placed before us and shines with the bright - ness of Christ's res - ur - rec - tion. Let us all draw near and kiss it with great re - joic - ing in our souls.



Glo - ry to Your pre - cious Cross, O Lord.

3. O might - y Cross of the Lord, man - i - fest your - self: show me the di - vine vi - sion of your beau - - - ty, and grant me wor - thi - ly to ven - er - ate you. For I speak to you and em - brace you as though you were a - live.

Glory to the Father, and to the Son, and to the Holy Spirit.

O Trinity of Persons, O Unity of Essence, Father, Son and Spirit, equal in power, one in purpose and will, one in dominion and rule, watch over Your world and grant it peace.

Now, and ever, and unto the ages of ages. Amen.

*Theotokion:*

O Virgin who has not known a man, without seed you have conceived: pure and sinless is the birth, and the Child you bear is the Maker of all, Christ our God. Entreat Him to grant the whole world peace.

*Katavasia - Tone 1:* Moses the servant of God prefigured Your cross in the days of old, when he divided the Red Sea with his rod and led Israel across on dry land; and he sang a song of deliverance unto You, O Christ our God.

# Sunday of the Cross - Matins Canon

## Ode 3

Model melody:  
Paschal Canon (Drobac, 2025)

**Refrain**

Glo - ry to Your pre - cious Cross, O Lord.

1.

Come, let us sing a new song, celebrating the overthrow of Hades, for Christ has risen from the tomb; Death has taken captive and saved all the world.

Glo - ry to Your pre - cious Cross, O Lord.

2.

Come, O you faithful and let us drink, not from a well of earthly water that perishes, but from the fountain of light, as we venerate the Cross of Christ: for His Cross is our glory.

The musical score is written on a single treble clef staff with a key signature of one flat (Bb) and a common time signature (C). The melody is primarily composed of quarter and eighth notes, with some longer note values. Chords are indicated by letters F, C, and F above the staff. The lyrics are: "Glo - ry to Your pre - cious Cross, O Lord." The first line of music ends with a double bar line. The second line begins with a measure rest and continues with the lyrics "O you faith - ful, with pure". The third line continues with "eyes and lips let us ven - er - ate the Cross of the Lord,". The fourth line ends with a double bar line and the lyrics "Sing - ing a song of ex - al - ta - tion.".

Glo - ry to Your pre - cious Cross, O Lord.

3. O you faith - ful, with pure

eyes and lips let us ven - er - ate the Cross of the Lord,

Sing - ing a song of ex - al - ta - tion.

Glory to the Father, and to the Son, and to the Holy Spirit.

I honour one God without beginning, three in Persons but undivided in Essence, the Father, the Son and the Spirit of life, in whose Name we are baptized.

Now, and ever, and unto the ages of ages. Amen.

***Theotokion:***

In days of old Moses saw your mystery prefigured in the bush, O hallowed Virgin: just as the flames did not consume it, so the fire of the Godhead has not consumed your womb.

***Katavasia - Tone 1:*** Through Your cross, O Christ my Master, set me firmly on the rock of the faith: let not my mind be shaken by the assaults of the malicious enemy; for You alone are holy.

# Sunday of the Cross - Matins Canon

## Ode 4

Model melody:

Paschal Canon (Drobac, 2025)

*Refrain*

Glo - ry to Your pre - cious Cross, O Lord.

1.

"Be hold, Christ is ris - en," the an - gel said to the myrrh - bear - ing wom - en. "La - ment not but go and say to the a - pos - tles: Re - joyce, to - day is the sal - va - tion of the world, for through Christ's death the tyr - an - ny of the en - e - my has been de - stroyed."

Glo - ry to Your pre - cious Cross, O Lord.

2.

As we cel - e - brate to - day the joy - ful ven - er - a - tion of Your life - giv - ing Cross, O Christ our Sav - iour, we pre - pare our - selves for Your most ho - ly Pas - sion,

for You in Your al-might-y pow-er have brought to—

pass the sal-va-tion of the world.

Glo-ry to Your pre-cious Cross, O Lord.

3. There is joy to-day in heav-en and on earth,

for the Cross is made man-i-fest to the world.

The thrice-bless-ed Cross is set be-fore us, and to

all who show it ven-er-a-tion is a fount of ev-er-

flow-ing grace.

Glory to the Father, and to the Son, and to the Holy Spirit.

I sing the praises of the three Persons in one Godhead; I proclaim one simple Nature undivided: Father eternal, Son and Holy Spirit, one in throne and lordship, one single Kingdom, one everlasting Power.

Now, and ever, and unto the ages of ages. Amen.

*Theotokion:*

In you alone among women, O pure Lady, there was revealed a marvellous and fearful thing: you have made nature new, conceiving without seed and still remaining as at first a virgin; for the Child that you have borne is the true God.

*Katavasia - Tone 1:* Seeing You, O mighty Lord, upon the cross, the sun was seized with fear and hid its rays, with dread the whole creation glorified Your longsuffering, and the earth was filled with Your praise.

# Sunday of the Cross - Matins Canon

## Ode 5

Model melody:  
Paschal Canon (Drobac, 2025)

**Refrain**

Glo - ry to Your pre - cious Cross, O Lord.

1.

From the tomb have You a - ris - en, O Light that

ne - ver sets, and shone up - on the world with the bright

dawn of in - cor - rup - tion. In Your com - pas - sion

You have driv - en a - way the dark sor - row of death

from the far - thest ends of the earth.

Glo - ry to Your pre - cious Cross, O Lord.

2.

To - day the ranks of an - gels dance

with joy, at the ven - er - a - tion of Your

Cross. For through the Cross, O Christ,



You have shat - tered the hosts of de - mons and saved \_\_\_\_\_ man - kind.



Glo - ry to Your pre - cious \_\_\_\_\_ Cross, \_\_\_\_\_ O Lord.



The Church has been re - vealed - as a sec - ond Par - a - dise,



hav - ing with - in it like the first \_\_\_\_\_ Par - a - dise of old,



a tree of \_\_\_\_\_ Life, Your \_\_\_\_\_ Cross, \_\_\_\_\_ O \_\_\_\_\_ Lord. by



touch - ing it we share in im - mor - tal - i - ty.

Glory to the Father, and to the Son, and to the Holy Spirit.

I glorify three coeternal Persons in one Essence, Father, Son and Spirit, a single Light, in threefold brightness, one Power and Kingdom in unconfused identity.

Now, and ever, and unto the ages of ages. Amen.

*Theotokion:*

You have conceived by the law of nature, but above that law; for you alone have borne child without seed. We are afraid to think or speak of the manner of your giving birth, O all-blameless Virgin.

*Katavasia - Tone 1:* Rising early in the morning we sing Your praises, O Saviour of the world, for we have found peace through Your cross. By it You have renewed mankind, and led us to the light that knows no evening.



# Sunday of the Cross - Matins Canon

## Ode 6

Model melody:  
Paschal Canon (Drobac, 2025)

**Refrain**

Glo - ry to Your pre - cious Cross, O Lord.

1.

You have crushed death, O Christ, and risen  
as a might - y King; You have re - called us from the depths of  
hell and brought us to the land of im - mor - tal - i - ty, grant -  
ing us the joy of Your King - - dom.

Glo - ry to Your pre - cious Cross, O Lord.

2.

O you faith - ful let us cry a - loud with joy and  
sing tri - um - phant - ly to God, as we greet the  
Cross of the Lord for it is a foun - tain of ho - li -  
ness to all those in the world.

Glo - ry to Your pre - cious Cross, O Lord.

3. The words of the Psalm - ist are ful - filled,

for see, we wor - ship at the foot - stool of Your most pure

feet, O all - pow - er - ful Lord, at Your pre - cious

Cross, the thrice - bless - ed Wood.

Glory to the Father, and to the Son, and to the Holy Spirit.

I praise the Unity in three Persons and the Trinity worshipped in one Nature, the Triune God, threefold Light: Father, Son and Holy Spirit.

Now, and ever, and unto the ages of ages. Amen.

*Theotokion:*

O Ewe free from blemish, the greatest wonder of all wonders was revealed in thee: for thou hast borne the Lamb that takes away the sin of the world. Entreat Him fervently for those who sing thy praises.

*Katavasia - Tone 1:* Jonah in the belly of the whale foreshadowed with his outstretched hands the figure of the cross; and he leapt out from the monster, saved by Thy power, O Word.

# Sunday of the Cross - Matins Canon

## Ode 7

Model melody:  
Paschal Canon (Drobac, 2025)

**Refrain**

Glo - ry to Your pre - cious Cross, O Lord.

1.

You have ris - en on the third day from the tomb as  
one a - wak - en - ing from sleep, O Lord,  
and by Your di - vine pow - er You have struck down the  
gate - keep - ers of hell; You have raised up all of our an - ces -  
tors from the be - gin - ning, You a - lone are bless - éd and most  
glo - ri - ous, the God of our Fa - thers.

Glo - ry to Your pre - cious Cross, O Lord.

2.

Your Cross, O all - mer - ci - ful Lord, is hon -  
oured by the whole world, for You have made the  
in - stru - ment of death in - to a source of life. Sanc - ti -

fy — those who ven - er - ate — it, You who a - lone are  
 bless - éd and most glo - ri - ous, the God of — our Fa - thers.  
 Glo - ry to Your pre - cious — Cross, — O Lord.  
 3. You a - lone, — O — Je - sus, are mer - ci - ful and ten - der -  
 heart - ed: il - lum - ine and sanc - ti - fy those who  
 ven - er - ate with faith Your Cross — and — Your di - vine —  
 Pas - sion, You a - lone are bless - éd and most glo - ri - ous, the  
 God of — our Fa - thers.

Glory to the Father, and to the Son, and to the Holy Spirit.

I praise the Godhead, Unity in three Persons: for the Father is Light, the Son is Light, and the Spirit is Light, but the Light remains undivided, shining forth in oneness of Nature, yet in the three rays of the Persons.

Now, and ever, and unto the ages of ages. Amen.

*Theotokion:*

Under many different names were you proclaimed by all the prophets: for you have been revealed as the gateway of God, the golden vessel of manna, the holy land, O Virgin Bride of God who has conceived in the flesh Jesus Christ, the God of our Fathers who is greatly glorified.

*Katavasia - Tone 1:* The Lord who delivered the children from the flames took flesh and came upon the earth: nailed to the cross, He has granted us salvation, the God of our Fathers, who alone is blessed and greatly glorified.

# Sunday of the Cross - Matins Canon

## Ode 8

Model melody:

Paschal Canon (Drobac, 2025)

**Refrain**

Glo - ry to Your pre - cious Cross, O Lord.

1.

"Why do you hold sweet - smell - ing spic - es in your hands? Whom are you seek - ing?" cries the young man

at the tomb. "Christ our God is risen, raising up the nature of mortal man, from the hidden depths of hell."

Glo - ry to Your pre - cious Cross, O Lord.

2.

Re - jice, O Cross, thrice - bless - ed and di - vine Wood, a light to those in dark - ness. Shin - ing on the four corners of the earth, you pre - pare for us the

dawn of Christ's res - ur - rec - - - tion. O

grant to all the faith - ful that they may come - to the feast of

Pas - - - cha.

Glo - ry to Your pre - cious - Cross, O Lord.

3. On this day the Wood a - noint - ed with - life, the Cross

of - Christ, fills - all things - with the per - fume - of di -

vine - grace. Let - us - smell its - God - giv - en fra -

grance ven - er - at - ing it with faith - for - ev - - - er.

Let us bless the Lord, Father, Son, and Holy Spirit.

I glorify one Substance in three beings: Father, Son and Spirit, neither confused in Persons nor divided in Essence; for there is one God in Trinity, ruling over all for ever.

Now, and ever, and unto the ages of ages. Amen.

*Theotokion:*

Alone among mothers, Mary Bride of God, you have remained a virgin. Without knowing man you have given birth to the Saviour Christ, yet kept the seal of your purity unbroken; and with all the faithful we shall call you blessed for ever.

We praise, bless and worship the Lord, singing and exalting Him unto the ages.

*Katavasia - Tone 1:* Daniel, great among the prophets, was cast into the lions' den; but, stretching out his hands in the form of the cross, he was delivered from their mouths and kept unharmed, blessing Christ our God for ever.

# Sunday of the Cross - Matins Canon

## Ode 9

Model melody:  
Paschal Canon (Drobac, 2025)

**Refrain**

Glo - ry to Your pre - cious Cross, O Lord.

1.

You have gone down in - to the tomb  
O God the Giv - er of Life, and You have  
bro - ken all the bolts and bars, rais - ing all the dead who  
cry a - loud: "Glo - ry to Your res - ur - rec - tion, O Christ,  
the Sav - iour all - pow - er - ful."

Glo - ry to Your pre - cious Cross, O Lord.

2.

Your tomb, O Christ, has brought me life: for  
You, the Lord of life, have come and cried to those who were  
dwell - ing in the grave: "O all who are in bonds, be loosed,

for I am— come, the— Ran - som of the— world.”

Glo - ry to Your pre - cious— Cross, O Lord.

3. Let all the trees— of the for - est dance— and— sing

as they be - hold their fel - low tree, the— Cross to -

day re - ceive— ven - er - a - tion: for Christ, as ho - ly

Da - vid proph - e - sied, has ex - alt - ed it to - day.

Glory to the Father, and to the Son, and to the Holy Spirit.

I worship You, O holy God, as Trinity of Persons in Unity of Essence, Father, Son and Holy Spirit, one Power and Kingdom, sovereign over all.

Now, and ever, and unto the ages of ages. Amen.

*Theotokion:*

You art the great mountain, O Virgin, wherein Christ dwelt, as holy David says. By you are we raised up to heaven, all-blessed Lady, regaining through the Spirit the adoption of sons.

*Katavasia - Tone 1:* O Virgin Mother and true Theotokos, without seed you have borne Christ our God, who was lifted in the flesh upon the cross. We and all the faithful, as is right, magnify you with your Son.