

# Stichera at the Praises

*Elevation of the Precious and Life-Giving Cross - September 14*

Optino Hermitage Melody  
Automelon  
arr. G. Ealy

Tone 8  
Sticheron 1

Phrase A Phrase B

Soprano  
Alto

Tenor  
Bass

Oh, most glo - rious won - - - der! The life -

Detailed description: This block contains the first system of musical notation. It features two vocal staves (Soprano/Alto and Tenor/Bass) and a piano accompaniment. The key signature is one sharp (F#). The system is divided into two phrases: 'Phrase A' and 'Phrase B'. The lyrics are 'Oh, most glo - rious won - - - der! The life -'. The piano accompaniment consists of chords and moving lines in both hands.

Phrase A Phrase B

bear - ing tree, the all - ho - - - ly Cross today is raised

Detailed description: This block contains the second system of musical notation. It features two vocal staves and a piano accompaniment. The system is divided into two phrases: 'Phrase A' and 'Phrase B'. The lyrics are 'bear - ing tree, the all - ho - - - ly Cross today is raised'. The piano accompaniment continues with chords and moving lines.

Phrase C

up on high and shown - - - to the world. All the ends of the

Detailed description: This block contains the third system of musical notation. It features two vocal staves and a piano accompaniment. The system is labeled 'Phrase C'. The lyrics are 'up on high and shown - - - to the world. All the ends of the'. The piano accompaniment continues with chords and moving lines.

Phrase D

earth give glo - ry; all the de - mons are struck with

Detailed description: This block contains the fourth system of musical notation. It features two vocal staves and a piano accompaniment. The system is labeled 'Phrase D'. The lyrics are 'earth give glo - ry; all the de - mons are struck with'. The piano accompaniment continues with chords and moving lines.

Phrase A



ter - ror. Oh, what a gift is be-stowed on mor - tals.

Phrase B Final Phrase



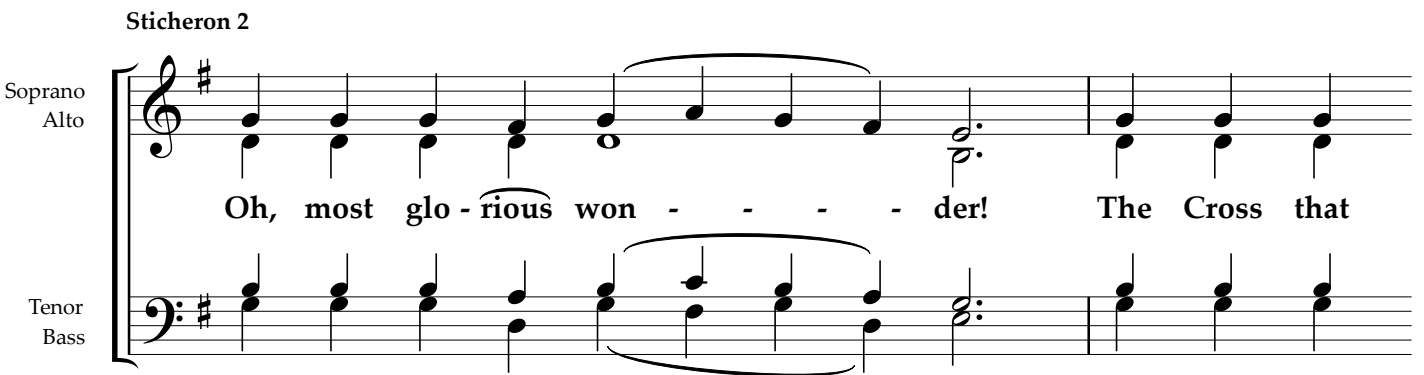
Through the Cross, save our souls, O Christ, // as You a - lone



are com - pas - sion - ate!

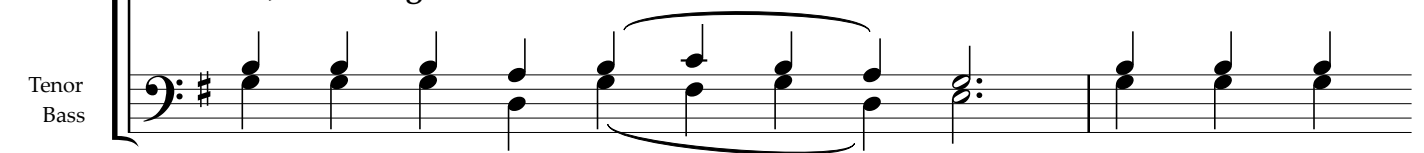
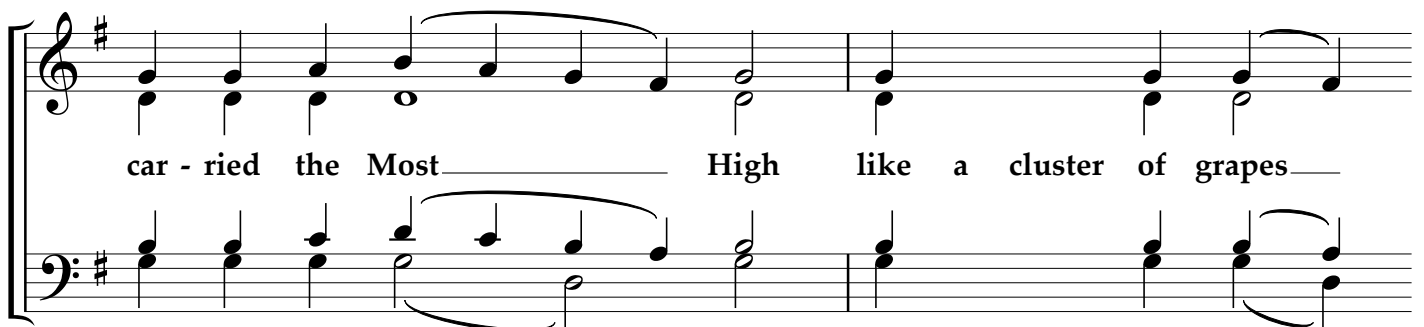
Sticheron 2

Soprano  
Alto



Oh, most glo - rious won - - - der! The Cross that

Tenor  
Bass

car - ried the Most High like a cluster of grapes

filled with life today is seen raised up above the

earth. Through this we have all been drawn to God, and death is

fin - al - ly swal - lowed up. O, im - mac - u - late Wood!

Through you we enjoy the immor - tal food of E - den //

as we give glo - ry to Christ!

## Sticheron 3

Soprano  
Alto

Oh, most glo - rious won - - - - der! The length and

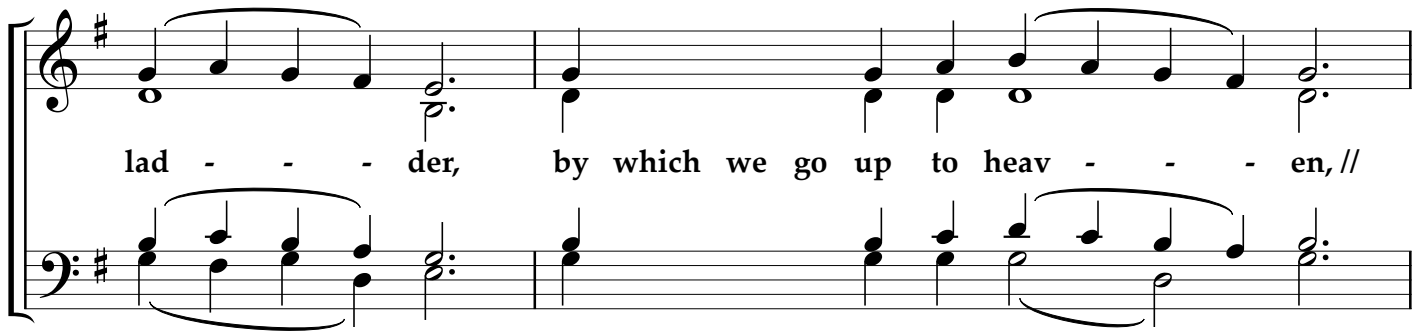
Tenor  
Bass

breadth of the Cross is equal to heav - - - en, for by

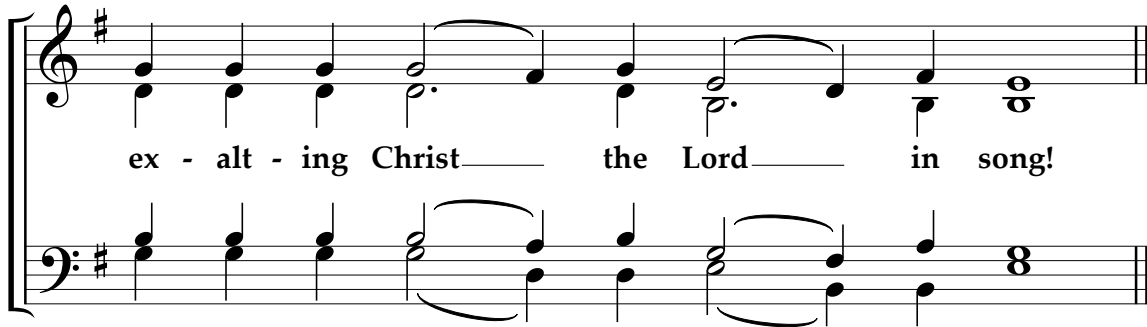
di - vine grace it sanctifies the u - - - ni - verse.

By the Cross, pa - gan na - tions are o - ver - come. By the

Cross the sceptres of kings are firmly es - tab - lished. O di - vine



lad - - - der, by which we go up to heav - - - en, //



ex - alt - ing Christ the Lord in song!