**Order of Services for Sunday, August 4, 2024**

6th Sunday after Pentecost

Holy Seven Youths (“Seven Sleepers”) of Ephesus

*NOTE: The rubrics presented below are the commonly accepted order. However, practices may vary with local practices or dioceses. The ruling bishop should be consulted for any specific questions regarding the accepted order of services.*

*NOTE: Bracketed items are commonly omitted in parish practice.*

**Vigil**

**(*Great Vespers at a Vigil)***

*(If Great Vespers is served alone, not at a Vigil, begin with the Typical Beginning, which can be found at* [*https://www.oca.org/liturgics/rubrics/horologion*](https://www.oca.org/liturgics/rubrics/horologion)*.)*

*Priest:* “Glory to the holy consubstantial…”

“Amen. Come, let us worship…”

Psalm 103/104

Great Litany

[First Kathisma, or] “Blessed is the Man…”

Little Litany

Lord, I Call, Tone 5 (Ps. 140/141)

7 stichera of the Resurrection, Tone 5

3 stichera of the Holy Youths, Tone 1

Glory… now and ever… Dogmatic Theotokion, Tone 5

Gladsome Light

Saturday Evening Prokeimenon, “The Lord is King…”

Augmented Litany

“Vouchsafe, O Lord…”

Evening Litany

[Litya]

 [Sticheron of the Patron Saint of the Temple]

Aposticha

Resurrectional Stichera, Tone 5

 Glory… now and ever… Resurrectional Aposticha Theotokion, Tone 5

“Lord, Now Lettest…”

Trisagion Prayers

*Concluding Troparia and Dismissal:*

*If a Vigil is Served:*

“Rejoice, O Virgin Theotokos…” (3x)

 [Blessing of the Loaves]

 “Blessed be the Name…” (3x)

 [Psalm 33/34:1-10]

 *Priest:* “The blessing of the Lord…”

 “Amen.” *And begin Matins with the Six Psalms, as outlined below.*

*Or, if Great Vespers alone is served:*

Resurrectional Troparion, Tone 5

Glory… Troparion of the Holy Youths, Tone 4

Now and ever… Resurrectional Dismissal Theotokion, Tone 4

 Vespers Dismissal

**(*Sunday Matins at a Vigil*)**

*(If Matins is served alone, begin with the Typical Beginning, which can be found at* [*https://www.oca.org/liturgics/rubrics/horologion*](https://www.oca.org/liturgics/rubrics/horologion)*.)*

Six Psalms

Great Litany

“God is the Lord…,” Tone 5

Resurrectional Troparion, Tone 5 [(2x)]

Glory… Troparion of the Holy Youths, Tone 4

Now and ever… Resurrectional Dismissal Theotokion, Tone 4

[Kathisma 2]

[Little Litany]

[Kathisma Hymns from the Octoechos, Tone 5]

[Kathisma 3]

[Little Litany]

[Kathisma Hymns from the Octoechos, Tone 5]

[Psalm 118][[1]](#footnote-1)

Evlogitaria: “Blessed art Thou, O Lord…”

Little Litany

[Ypakoe]

[Hymn of Degrees, Tone 5]

Prokeimenon, Tone 5: “Arise, O Lord my God, and let Thy hand be lifted up...”

“Let everything that breathes…”

6th Matins Gospel: (114) Luke 24:36-53

“Having Beheld the Resurrection…”

Psalm 50

Post-Gospel Stichera

Prayer of Intercession, “O God, save Thy people…”

Canons *(NOTE: in common parish practice, after the Irmos, only two troparia from each Canon are used. Before the final troparion, “Glory… now and ever…” is used as the refrain.)*

 **Irmos:** Resurrection, Tone 5

 Refrain: “Glory to Thy holy Resurrection, O Lord!”

3 additional troparia from the Canon of the Resurrection, Tone 5

 Refrain: “Glory to Thy holy Resurrection, O Lord!”

3 troparia from the Canon of the Cross and Resurrection, Tone 5

 Refrain: “Glory to Thy holy Cross and Resurrection, O Lord!”

3 troparia from the Canon of the Theotokos, Tone 5

 Refrain: “Most Holy Theotokos, save us!”

 4 troparia from the Canon of the Holy Youths, Tone 2

 Refrain: “O holy Martyrs, pray to God for us!”

 **Katavasia:** From the Exaltation of the Cross, Tone 8

*[After the Third Ode:]*

[Little Litany]

[Kontakion of the Holy Youths, Tone 4]

[Kathisma Hymns of the Holy Youths, Tone 4]

*After the Sixth Ode:*

[Little Litany]

Kontakion of the Resurrection, Tone 5

Ikos of the Resurrection

*After the Eighth Ode:*

The Magnificat is sung

*After the Magnificat, continue with the Ninth Ode.*

Little Litany

“Holy is the Lord…”, Tone 5

Exapostilaria:

 6th Resurrectional Exapostilarion, Tone 2

 Glory… Exapostilarion of the Holy Youths, Tone 2

Now and ever… 6th Resurrectional Exapostilarion Theotokion, Tone 2

Psalms 148-150: “Let everything that breathes…” Tone 5

 8 stichera of the Resurrection, Tone 5

 Glory… 6th Gospel Sticheron, Tone 6

Now and ever… “Thou art most blessed…”, Tone 2

Great Doxology

“Today salvation…”

Augmented Litany

Morning Litany

Matins Dismissal

*NOTE: The First Hour follows immediately. A small dismissal concludes the First Hour. See below for the Troparion and Kontakion.*

**The Hours**

Troparia: Resurrection; Glory… Holy Youths

Kontakion: Resurrection

**Divine Liturgy**

*NOTE: Listed below are only the variable portions of the Liturgy*

At the Beatitudes:

 8 troparia of the Resurrection, Tone 5

Troparia and Kontakia:

 Troparion of the Resurrection, Tone 5

 Troparion of the Church (if of Theotokos or Patron Saint)

 Troparion of the Holy Youths, Tone 4

 Kontakion of the Resurrection, Tone 5

 Kontakion of the Church (if of Patron Saint)

 Glory… Kontakion of the Holy Youths, Tone 4

Now and ever… Kontakion of the Church (if of Theotokos) or “Steadfast Protectress…”, Tone 6

Trisagion

Prokeimenon: Resurrection, Tone 5: “Thou, O Lord, shalt protect us…”

Epistle: (110) Romans 12:6-14

Alleluia: Resurrection, Tone 5

Gospel: (29) Matthew 9:1-8

Communion Hymn: “Praise the Lord from the heavens…”

*Prepared by the Department of Liturgical Music and Translations of the Orthodox Church in America.*

1. Often, in parish practice, the Polyeleos is sung on Sundays year-round, even when not specifically called for. [↑](#footnote-ref-1)