**Order of Services for Sunday, March 16, 2025**

Second Sunday of Great Lent

St. Gregory Palamas

*NOTE: The rubrics presented below are the commonly accepted order. However, practices may vary with local practices or dioceses. The ruling bishop should be consulted for any specific questions regarding the accepted order of services.*

*NOTE: Bracketed items are commonly omitted in parish practice.*

**Vigil**

**(*Great Vespers at a Vigil)***

*(If Great Vespers is served alone, not at a Vigil, begin with the Typical Beginning, which can be found at* [*https://www.oca.org/liturgics/rubrics/horologion*](https://www.oca.org/liturgics/rubrics/horologion)*.)*

*Priest:* “Glory to the holy consubstantial…”

“Amen. Come, let us worship…”

Psalm 103/104

Great Litany

[First Kathisma, or] “Blessed is the Man…”

Little Litany

Lord, I Call, Tone 5 (Ps. 140/141)

6 stichera of the Resurrection, Tone 5

4 stichera from the Triodion, Tone 2

Glory… Triodion, Tone 6

Now and ever… Resurrectional Dogmatic Theotokion, Tone 5

Gladsome Light

Saturday Evening Prokeimenon, “The Lord is King…”

Augmented Litany

“Vouchsafe, O Lord…”

Evening Litany

[Litya]

[Stichera of the Patron Saint of the Church]

[Glory… Triodion, Tone 6]

[Now and ever… Resurrectional Aposticha Theotokion, Tone 6]

Aposticha

Resurrectional Stichera, Tone 5

Glory… Triodion, Tone 8

Now and ever… Resurrectional Aposticha Theotokion, Tone 8

“Lord, Now Lettest…”

Trisagion Prayers

*Concluding Troparia and Dismissal:*

*If a Vigil is Served:*

“Rejoice, O Virgin Theotokos…” (3x)

[Blessing of the Loaves]

“Blessed be the Name…” (3x)

[Psalm 33/34:1-10]

*Priest:* “The blessing of the Lord…”

“Amen.” *And begin Matins with the Six Psalms, as outlined below.*

*Or, if Great Vespers alone is served:*

Resurrectional Troparion, Tone 5

Glory… Troparion of St. Gregory, Tone 8

Now and ever… Resurrectional Dismissal Theotokion, Tone 8

Vespers Dismissal

**(*Sunday Matins at a Vigil*)**

*(If Matins is served alone, begin with the Typical Beginning, which can be found at* [*https://www.oca.org/liturgics/rubrics/horologion*](https://www.oca.org/liturgics/rubrics/horologion)*.)*

Six Psalms

Great Litany

“God is the Lord…,” Tone 5

Resurrectional Troparion, Tone 5 [(2x)]

Glory… Troparion of St. Gregory, Tone 8

Now and ever… Resurrectional Dismissal Theotokion, Tone 8

[Kathisma 2]

[Little Litany]

[Kathisma Hymns from the Octoechos, Tone 5]

[Kathisma 3]

[Little Litany]

[Kathisma Hymns from the Octoechos, Tone 5]

[Psalm 118][[1]](#footnote-1)

Evlogitaria: “Blessed art Thou, O Lord…”

[Little Litany]

[Ypakoe]

[Hymn of Degrees, Tone 5]

Prokeimenon, Tone 5: “Arise, O Lord my God, let Thy hand be lifted up…”

“Let everything that breathes…”

5th Matins Gospel: (113) Luke 24:12-35

“Having Beheld the Resurrection…”

Psalm 50

Hymns of Repentance, Tone 8: “Open to me the doors…” and the rest

Prayer of Intercession, “O God, save Thy people…”

Canons *(NOTE: in common parish practice, after the Irmos, only two troparia from each Canon are used. Before the final troparion, “Glory… now and ever…” is used as the refrain.)*

**Irmos:** Resurrection, Tone 5

Refrain: “Glory to Thy holy Resurrection, O Lord!”

3 additional troparia from the Canon of the Resurrection, Tone 5

Refrain: “Glory to Thy holy Resurrection, O Lord!

4 troparia from the Canon from the Triodion, Tone 8

Refrain: “Have mercy on me, O God, have mercy on me!”

6 troparia from the Canon of St. Gregory, Tone 4

Refrain: “O holy Father Gregory, pray to God for us!”

**Katavasia:** “I shall open my mouth…”, Tone 4

*[After the Third Ode:]*

[Little Litany]

[Kontakion from the Triodion, Tone 4]

[Kathisma Hymns of St. Gregory, Tone 1]

*After the Sixth Ode:*

[Little Litany]

Kontakion of St. Gregory, Tone 8

Ikos of St. Gregory

*After the Eighth Ode:*

The Magnificat is sung

*After the Magnificat, continue with the Ninth Ode.*

Little Litany

“Holy is the Lord…”, Tone 5

Exapostilaria:

5th Resurrectional Exapostilarion, Tone 2

Glory… Exapostilarion from the Triodion, Tone 2

Now and ever… Theotokion from the Triodion, Tone 2

Psalms 148-150: “Let everything that breathes…” Tone 5

5 stichera of the Resurrection, Tone 5

4 stichera from the Triodion, with verses, Tone 1 and Tone 6

Glory… Triodion, Tone 6

Now and ever… “Thou art most blessed…”, Tone 2

Great Doxology

“Today salvation…”

Augmented Litany

Morning Litany

Matins Dismissal

[Glory… now and ever… 5th Gospel Sticheron, Tone 5]

*NOTE: The First Hour follows immediately. A small dismissal concludes the First Hour. See below for the Troparion and Kontakion.*

**The Hours**

Troparia: Resurrection, Glory… St. Gregory

Kontakion: Triodion (1st and 6th Hours) or St. Gregory (3rd and 9th Hours)

**Divine Liturgy**

*NOTE: Listed below are only the variable portions of the Liturgy*

At the Beatitudes:

6 troparia of the Resurrection, Tone 5

4 troparia from Ode 3 of the Canon of St. Gregory, Tone 4

Troparia and Kontakia:

Troparion of the Resurrection, Tone 5

Troparion of the Church

Troparion of St. Gregory, Tone 8

*If the Patron of the Church is the Theotokos:*

Kontakion of the Triodion, Tone 4

Glory… Kontakion of St. Gregory, Tone 8

Now and ever… Kontakion of the Church

*If the Patron of the Church is Patron Saints:*

Kontakion of the Church

Glory… Kontakion of St. Gregory, Tone 8

Now and ever… Kontakion of the Triodion, Tone 4

Trisagion

Prokeimenon: Triodion, Tone 5: “Thou, O Lord, shalt protect us…” and St. Gregory, Tone 1: “My mouth shall speak wisdom…”

Epistle: (304) Hebrews 1:10-2:3 and (318) Hebrews 7:26-8:2

Alleluia: Resurrection, Tone 2 and St. Gregory, Tone 2

Gospel: (7) Mark 2:1-12 and (36) John 10:9-16

*Instead of “It is truly meet…”:* “All of creation rejoices in thee…”

Communion Hymn: “Praise the Lord from the heavens…” and “The righteous shall be in everlasting remembrance…”

*Prepared by the Department of Liturgical Music and Translations of the Orthodox Church in America.*

1. Often, in parish practice, the Polyeleos is sung on Sundays year-round, even when not specifically called for. [↑](#footnote-ref-1)