**MARCH 10**

**Third Saturday of Great Lent/Memorial Saturday**

 **[Holy Forty Martyrs of Sebaste]/Martyr Quadratus and those with him**

***(at the Liturgy of the Presanctified Gifts, sung on Friday)***

**"Lord, I Call..." Tone 7**

Lord, I call upon You, hear me!

Hear me, O Lord!

Lord, I call upon You, hear me!

Receive the voice of my prayer,

when I call upon You!

Hear me, O Lord!

Let my prayer arise

in Your sight as incense,

and let the lifting up of my hands

be an evening sacrifice!

Hear me, O Lord!

*v. (10) Bring my soul out of prison, that I may give thanks to Your name!*

**Tone 7 Idiomelon** *(from the Lenten Triodion)*

Like the Prodigal, I have turned away from Your grace.

I have spent the riches of Your goodness, O Lord.

I now run to You, crying, O tender-hearted One://

“I have sinned, O God, have mercy on me!”

*v. (9) The righteous will surround me; for You will deal bountifully with me.*

(Repeat: “Like the Prodigal …”)

*v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice.*

**Tone 6***(4 stichera to the Martyrs, in the tone of the week)*

Walking in the steps of Christ’s sufferings,

the whole company of martyrs resolutely approached their many

struggles,

and proclaimed Him as God before the ungodly torturers and lawless

 kings;

and they endured many torments

in the hope of obtaining the glories of heaven.

Seeing them now, they rejoice,

and with all the choirs of the bodiless hosts,//

they stand in the presence of the Lord.

*v. (7) Let Your ears be attentive to the voice of my supplications.*

Your Martyrs, O Lord, did not deny You,

nor did they turn from Your commandments.//

By their intercessions have mercy on us!

*v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.*

(Repeat: “Your Martyrs, O Lord, …”)

*v. (5) For Your name's sake I have waited for You, O Lord, my soul has waited for Your word; my soul has hoped on the Lord.*

Your victorious Martyrs, when they contended on this earth,

endured great torments;

but now they dwell in heaven and have received a perfect crown,//

that they may offer intercession for our souls.

*v. (4) From the morning watch until night, from the morning watch let Israel hope on the Lord.*

**Tone 1** *(from the Menaion, for the Holy 40 Martyrs of Sebaste)*

The choir of forty-fold splendor;

the whole army assembled by God,

has shone out upon the Fast through their most honored sufferings,//

enlightening and illumining our souls!

*v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities.*

*(*Repeat: “The choir of forty-fold splendor …”)

*v. (2) Praise the Lord, all nations! Praise Him, all peoples!*

**Tone 2**

The Martyrs considered the lake to be as Paradise

and winter as the heat of the day, O Christ God.

Thoughts of the tyrant's threats did not frighten them.

They courageously did not fear the increasing tortures,

for they had acquired the mighty weapon of the Cross,

and with it they powerfully vanquished the foe.//

For this they have received crowns of grace.

*v. (1) For His mercy is abundant towards us; and the truth of the Lord endures for ever.*

Who will not hymn the Martyrs.

a choir forty in number?

For, as they boldly entered the waters of the lake

and huddled together in the cold,

they chanted a hymn to the Lord:

“Is Your anger against us in the rivers, O Lord?

Is Your anger against us in the rivers, O Lover of mankind?

Lighten the oppression and bitter cold of the wind,

for our feet are empurpled with our own blood,

and lead us into Your everlasting habitations, O God!//

May we be warmed in the bosom of Abraham!”

*Glory to the Father, and to the Son, and to the Holy Spirit;*

**Tone 2**

In the Psalms David cried out prophetically:

“We passed through fire and water,

but You have brought us forth into a place of refreshment.”

By your sufferings you Martyrs of Christ fulfill this prophecy.

You have passed through fire and water and have entered the Kingdom

of Heaven!//

Pray that Christ will grant us great mercy!

*now and ever, and unto ages of ages. Amen.*

**Tone 2** *(Theotokion)*

I place all my hope in you, O Theotokos;//

keep me beneath your protecting veil!

**Tone 4 Prokeimenon**

Oh, grant us Your help against the enemy, for vain is the help of men!

*(Ps 59/60:13)*

*v: O God, You have rejected us, broken our defenses. (Ps 59/60:1)*

**Reading from Genesis (8:4-21)**

**Tone 6 Prokeimenon**

Hear my cry, O Lord, listen to my prayer! (Ps 60/61:1)

 *v: From the end of the earth I call to You. (Ps 60/61:2)*

**Reading from Proverbs (10:31-11:12)**

 ***(“Let my prayer arise …” and then immediately)***

**Tone 5** **Prokeimenon**

You, O Lord, shall protect us and preserve us from this generation forever.

*(Ps 11/12:7)*

*v: Save me, O Lord, for there is no longer any that is godly! (Ps 11/12:1)*

**Epistle**

Hebrews 12:1-10 *(Forty Martyrs of Sebaste)*

 **Tone 4**

Alleluia, Alleluia, Alleluia!

*v: Make a joyful noise to God, all the earth! Sing of His name, give to Him glorious praise! (Ps 65/66:1-2)*

*v: For You, O God, have proved us; You have tried us with fire as silver is tried. (Ps: 65/66:10)*

 **Gospel**

Matthew 20:1-16 *(Forty Martyrs of Sebaste)*

***(and the rest of the Liturgy of the Presanctified Gifts)***

**Communion Hymns**

Rejoice in the Lord, O you righteous! Praise befits the just. *(Ps 32/33:1)*

Taste and see that the Lord is good! *(Ps 33/34:8)*

Alleluia, Alleluia, Alleluia!

*(At Saturday Matins, we sing the kanon of St Quadratus who is commemorated on Saturday and we sing the vesperal stichera (to St Quadratus) at the Matins “Praises” after the tonal stichera from the Octoechos.)*

**Third Saturday of Great Lent: Memorial Saturday**

***(at the Divine Liturgy on Saturday morning)***

**Tone 2 Troparion**

O Apostles, Martyrs, and Prophets,

Hierarchs, Holy Monks, and Righteous Ones,

who completed well the fight and kept the faith,

you have boldness before the Savior.

We pray: “Intercede for us with Him, as He is good,//

that He may save our souls!”

**Tone 2 Troparion**

Remember Your servants, O Lord, since You are good,

and forgive the sins they have committed in life!

For none is sinless but You,//

Who give rest to the departed.

*Glory to the Father, and to the Son, and to the Holy Spirit;*

**Tone 8** **Kontakion**

With the saints give rest, O Christ,

to the souls of Your servants,

where there is neither sickness nor sorrow, and no more sighing,//

but life everlasting!

*now and ever, and unto ages of ages. Amen.*

**Tone 8 Theotokion**

We have you as a wall and a haven

and an intercessor well-pleasing to God, Whom you have borne,//

O Virgin Theotokos, the salvation of the faithful.

 **Tone 8** **Prokeimenon**

Be glad in the Lord and rejoice, O you righteous! *(Ps 31/32:11)*

*v: Blessed are they whose transgressions are forgiven, and whose sins are covered. (Ps 31/32:1)*

**Tone 6** **Prokeimenon**

Their souls shall dwell with the blessed. *(Ps 24/25:13)*

**Epistle**

 Heb. 10:32-38

 1 Thessalonians 4:13-17 *(Departed)*

 **Tone 4**

Alleluia, Alleluia, Alleluia!

*v: The righteous cried and the Lord heard them, and delivered them out of all their troubles. (Ps 33/34:18)*

*v: Many are the afflictions of the righteous; the Lord will deliver them out of them all. (Ps 33/34:20)*

**Tone 6**

*v: Blessed are those whom You have chosen and taken, O Lord. Their memory is from generation to generation.*

**Gospel**

 Mark 2:14-17

 John 5:24-30 *(Departed)*

**Communion Hymns**

Rejoice in the Lord, O you righteous; praise befits the just.

Blessed are those whom You have chosen and taken, O Lord.

Their memory is from generation to generation.

Alleluia, Alleluia, Alleluia!

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